

#### **COVID19 INDOOR FACILITY GUIDELINES**

#### **KEY POINTS OF INTEREST..."THE BASICS"**

The restrictive measures being taken are temporary due to the COVID19 pandemic. As restrictions are lifted we will post notifications accordingly.

June 22: Includes Weight Room, Cardio Room, Group Exercise Classes

July 1: Includes Weight Room, Cardio Room, Group Exercise Classes, Ice Rink

July 6: Includes Weight Room, Cardio Room, Group Exercise Classes, Ice Rink, Indoor Pool

Members, Pass holders, and Resident drop-Ins only until further notice No guests or non-resident drop-ins permitted

Monday - Friday: 8:00 am-7:00 pm

Saturday: 9:00 am-4:00pm Sunday: 9:00am-4:00pm

#### RESERVATION PROCEDURES..."HOW TO USE THE FACILITY"

Visit <u>brc.activityreg.com</u> to reserve a time slot or call 216-351-5334. Details Below.

- ✓ Reservations can be made up to 1 hour maximum
- ✓ Maximum of 2 hours can be reserved per day for each individual in any one facility
- ✓ Please contact BRC to cancel any reservation
- ✓ Online reservations can be made no more than 24 hours in advance
- ✓ Phone reservations can be made no more than 6 hours in advance.
- ✓ Reservations are for 1 individual. If you reserve time for a family, each member counts as an individual reservation EVEN IF YOU ARE NOT ACTIVELY PARTICIPATING

#### MEMBER PROTECTION..."WHAT YOU ARE ASKED TO DO"

- ✓ Members are asked to wear face masks at all times except when actively exercising
- ✓ Members should provide their own face mask
- ✓ Members are asked to sanitize hands upon entering and exiting the building.
- ✓ Members will maintain physical distance of 6 feet from others at all times, and 9 feet with activity that creates heavy breathing (exercising)
- ✓ Members will wipe down equipment before and after each use.
- ✓ Members will limit their total time in the facility to 60 minutes and to 1 visit per member per day to allow for utilization by others



#### **COVID19 INDOOR FACILITY GUIDELINES**

#### EMPLOYEE PROTECTION & FACILITY SANITIZATION..."WHAT WE ARE DOING"

- ✓ All employees' temperatures will be taken prior to starting their shift.
- ✓ Anyone with a temperature greater than 100.4°F will not be allowed to work. All employees will be screened for signs and symptoms of Covid-19
- ✓ All employees will be required to hand wash/sanitize upon entering & exiting the facility and in between all activities
- ✓ All employees will maintain 6 feet physical distancing
- ✓ All employees will wear face mask or cloth face covering (Except lifeguards in chairs)
- ✓ Multiple hand sanitization stations throughout the facility (Look for Yellow Tags)
- ✓ BRC Staff will rotate through various zones of the facility to monitor and manage cleanliness and spacing
- ✓ Brooklyn Recreation Center has been professionally treated with a disinfectant cleaning process.

#### OPERATIONAL UPDATES..."WHAT HAS CHANGED"

- ✓ No guests
- ✓ Temporary limited facility hours
- ✓ Ice rink closed for walking
- ✓ No Personal Training, Small Group Training, Team Training or Fitness Assessments
- ✓ Reduced and modified Group Fitness classes
- ✓ Locker rooms and showers closed
- ✓ Vending Machines and Water fountains closed. Please bring your own water bottle.
- ✓ Limited occupancy
- ✓ Members are asked to wear face mask at all times, except when actively exercising.
- √ 6 feet physical distancing in the lobby and 9 feet on the fitness floor while exercising.
- ✓ Avoid personal contact at all times, including handshaking
- ✓ No congregating in lobbies or common areas
- ✓ No concessions or vending machines

For facility specific rules including reservation information, refer to our website <u>www.brooklynohio.gov</u> on the dates below.

FACILITY	REOPEN	INFO AVAILABLE
WEIGHT ROOM	JUNE 22	JUNE 15
CARDIO ROOM	JUNE 22	JUNE 15
LAND FITNESS CLASSES	JUNE 22	JUNE 15
ICE RINK	JULY 1	JUNE 22
INDOOR POOL	JULY 6	JUNE 22

## BROOKLYN RECREATION DEPARTMENT

#### **RESERVATION GUIDELINES**

- All patrons must make a reservation to use the Weight Room
- Must be 16 and older to use the room
- Visit brc.activityreg.com or call 216-351-5334 beginning Thursday June 18
- · Reservations are I hour in length
- Two reservations can be made per guest per day
- Reservation can be made 24 hours in advance.
- All Reservation must be made 4 hours prior to time of reservation
- If you need to cancel a reservation please call 216-351-5334
- Reservations are free to make. Fees will be paid at facility

#### **FACILITY USAGE GUIDELINES**

- Travel light and come ready to go. Locker rooms and showers will be closed.
- Please arrive no more than 10 minutes prior to your reservation time
- Signage will indicate which pieces of equipment are available for use. Some equipment will
  not be available to allow for social distancing
- Members will be asked to wipe down equipment before and after your workout, using the cleaning materials provided
- Drinking fountains will be closed. Bring your own water bottle
- At the end of your reservation, please be prompt in gathering your belongings and exiting the facility. No congregating in lobbies or common areas
- If you are scheduled for an additional reservation, please inform a staff member, at the beginning of the new session

#### **COVID19 BASICS**

- All patrons must follow all posted guidelines and markings
- Masks are requested of all patrons entering our facility but are not required during physical activity
- Carry out social distancing requirements by keeping a minimum of 6 feet (2m) per person.
- Practice good personal hygiene by wash your hands with soap and warm water for at least
   20 seconds
- Cover your mouth when you cough or sneeze
- If you are feeling sick or have a temperature, stay home
- BRC Staff will make hourly cleaning rounds



### **WEIGHT ROOM RULES**

#### YOU SHOULD:

- KEEP BAGS OR PERSONAL BELONGINGS IN LOCKERS
- OBSERVE ALL POSTED SIGNS AND FOUIPMENT WARNINGS
- WEAR WORKOUT ATTIRE INCLUDING SHIRTS, SHORTS/PANTS, AND CLOSED-TOE ATHLETIC SHOES
- ALWAYS USE SAFETY CLAMPS AND SAFETY CATCHES
- USE A SPOTTER WHEN NECESSARY
- ALLOW OTHERS TO SHARE EQUIPMENT BETWEEN SETS
- · RE-RACK EQUIPMENT AFTER USE
- WIPE DOWN EQUIPMENT AFTER USE WITH GYM WIPES NOT WITH YOUR TOWEL
- · ASK BRC STAFF IF YOU HAVE QUESTIONS
- REPORT ANY DISRUPTIVE OR INAPPROPRIATE BEHAVIOR

#### YOU SHOULD NOT:

- KEEP BAGS OR PERSONAL BELONGINGS IN LOCKERS
- OBSERVE ALL POSTED SIGNS AND EQUIPMENT WARNINGS
- WEAR WORKOUT ATTIRE INCLUDING SHIRTS, SHORTS/PANTS, AND GLOSED-TOE ATHLETIC SHOES
- ALWAYS USE SAFETY CLAMPS AND SAFETY CATCHES
- USE A SPOTTER WHEN NECESSARY
- ALLOW OTHERS TO SHARE EQUIPMENT BETWEEN SETS
- RE-RACK EQUIPMENT AFTER USE
- WIPE DOWN EQUIPMENT AFTER USE WITH GYM WIPES NOT WITH YOUR TOWEL
- · ASK BRC STAFF IF YOU HAVE QUESTIONS
- · REPORT ANY DISRUPTIVE OR INAPPROPRIATE BEHAVIOR



# RULE ROOM WEIGHT

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- Reservations are 1 hour in length
- Two reservations can be made per guest per day
- · Reservation can be made I day in advance
- All Reservation must be made 4 hours prior to time of reservation
- If you need to cancel a reservation please call 216-351-5334
- Reservations are free to make. Fees will be paid at facility

#### **FACILITY USAGE GUIDELINES**

- Travel light and come ready to go. Locker rooms and showers will be closed.
- Please arrive no more than 10 minutes prior to your reservation time
- Signage will indicate which pieces of equipment are available for use. Some equipment will
  not be available to allow for social distancing
- Members will be asked to wipe down equipment before and after your workout, using the cleaning materials provided
- Drinking fountains will be closed. Bring your own water bottle
- At the end of your reservation, please be prompt in gathering your belongings and exiting the facility. No congregating in lobbles or common areas
- If you are scheduled for an additional reservation, please inform a staff member, at the beginning of the new session
- Members will use only one piece of equipment at a time, no "super-setting"

#### **COVID19 BASICS**

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- Masks are requested of all patrons entering our facility but are not required during physical activity
- Carry out social distancing requirements by keeping a minimum of 6 feet (2m) per person.
- Practice good personal hygiene by wash your hands with soap and warm water for at least
   20 seconds
- Cover your mouth when you cough or sneeze
- If you are feeling sick or have a temperature, stay home
- BRC Staff will make hourly cleaning rounds

